

# TRINITY TERM 2026



\*UPDATED 19/04/26

WEEK	SUN	MON	TUE	WED	THU	FRI	SAT
<b>0<sup>th</sup></b> 19 <sup>th</sup> Apr - 25 <sup>th</sup> Apr	19	20	21	22	23 Full Apparatus Training Abingdon GC 20:15-21:50	24	25 <b>NO TRAINING</b> ☹️
<b>1<sup>st</sup></b> 26 <sup>th</sup> Apr - 2 <sup>nd</sup> Apr	26	27 General Apparatus Training Iffley Road SC 20:30-22:30	28 Strength and Flexibility Iffley Road SC 20:30-21:30 G&Ds Trip	29	30 Full Apparatus Training Abingdon GC 20:15-21:50 ParkEnd May Day	01	02 Full Apparatus Training Abingdon GC 17:35-19:50
<b>2<sup>nd</sup></b> 3 <sup>rd</sup> May - 9 <sup>th</sup> May	03	04 Early May Bank Holiday <b>NO TRAINING</b> ☹️	05 Strength and Flexibility Iffley Road SC 20:30-21:30 Pub Social	06	07 Full Apparatus Training Abingdon GC 20:15-21:50	08	09 Full Apparatus Training Abingdon GC 17:35-19:50
<b>3<sup>rd</sup></b> 10 <sup>th</sup> May - 16 <sup>th</sup> May	10	11 General Apparatus Training Iffley Road SC 20:30-22:30	12 Strength and Flexibility Iffley Road SC 20:30-21:30	13 Crewdate with Tennis!	14 Full Apparatus Training Abingdon GC 20:15-21:50	15	16 <b>NO TRAINING</b> ☹️
<b>4<sup>th</sup></b> 17 <sup>th</sup> May - 23 <sup>rd</sup> May	17	18 General Apparatus Training Iffley Road SC 20:30-22:30	19 Strength and Flexibility Iffley Road SC 20:30-21:30	20	21 Full Apparatus Training Abingdon GC 20:15-21:50	22 Challenge Night!	23 Full Apparatus Training + MAG/WAG swap Abingdon GC 17:35-19:50
<b>5<sup>th</sup></b> 24 <sup>th</sup> May - 30 <sup>th</sup> May	24	25 Spring Bank Holiday Annual General Meeting Wadham College, LSK A <b>NO TRAINING</b> ☹️	26 Strength and Flexibility Iffley Road SC 20:30-21:30	27	28 Full Apparatus Training Abingdon GC 20:15-21:50	29	30 Full Apparatus Training Abingdon GC 17:35-19:50
<b>6<sup>th</sup></b> 31 <sup>st</sup> May - 6 <sup>th</sup> Jun	31	01 General Apparatus Training Iffley Road SC 20:30-22:30	02 Strength and Flexibility Iffley Road SC 20:30-21:30	03	04 Full Apparatus Training Abingdon GC 20:15-21:50	05	06 Picnic Social Full Apparatus Training Abingdon GC 17:35-19:50
<b>7<sup>th</sup></b> 7 <sup>th</sup> Jun - 13 <sup>th</sup> Jun	07	08 General Apparatus Training Iffley Road SC 20:30-22:30	09 Strength and Flexibility Iffley Road SC 20:30-21:30	10	11 Full Apparatus Training Abingdon GC 20:15-21:50	12	13 Full Apparatus Training Abingdon GC 17:35-19:50
<b>8<sup>th</sup></b> 14 <sup>th</sup> Jun - 20 <sup>th</sup> Jun	14	15 General Apparatus Training Iffley Road SC 20:30-22:30	16 Strength and Flexibility Iffley Road SC 20:30-21:30	17 End of Year Dinner!	18 Full Apparatus Training Abingdon GC 20:15-21:50	19	20 <b>NO TRAINING</b> ☹️ <b>END OF TERM</b>

FOR MORE INFORMATION, VISIT OUR WEBSITE - [HTTPS://OUGYM.ORG/](https://ougyim.org/)

MEET AT E1 BUS STOP (OUTSIDE THE WESTGATE) AT 19:35 ON THURSDAYS, AND 16:50 ON SATURDAYS.